

THE 9 ENVIRONMENTS OF SUCCESS WORKBOOK



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Jim Bunch describes 9 aspects of your environment that influence you. We want those to be positive influences!

Use this workbook to identify anything in your life that is holding you back from reaching your dream life.

Fill it out, and keep it handy. Using the fractionalizing method, start a mini to do list with 3 items at a time.



Internal Self (Personality, gifts, talents, strengths, emotions)

The one super positive part of this environment, that I'm grateful for and want more of:

Biggest, baddest obstacle:

Easiest obstacle to get rid of or fix:

One thing I know is bad, but I like it anyway:

Anything else that influences you negatively:



Memetic (Beliefs, ideas, knowledge, cultural norms)

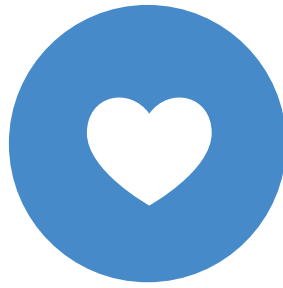
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Biggest, baddest obstacle in this environment:

Easiest obstacle to get rid of or fix:

One thing I know is bad, but like anyway:

Any other negative influences:



Spiritual (Connection to a higher source, love and self)

The one super positive part of this environment, that I'm grateful for and want more of:

Biggest, baddest obstacle in this environment:

Easiest obstacle to get rid of or fix:

One thing I know is bad, but like anyway:

Any other negative influences:



External Relationships (Family, friends, close colleagues, support network)

The one super positive part of this environment, that I'm grateful for and want more of:

Biggest, baddest obstacle in this environment:

Easiest obstacle to get rid of or fix:

One thing I know is bad, but like anyway:

Any other negative influences:



Network (Community, strategic partners, customers)

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Biggest, baddest obstacle in this environment:

Easiest obstacle to get rid of or fix:

One thing I know is bad, but like anyway:

Any other negative influences:



Financial (Money, investments, budgeting, insurance)

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Biggest, baddest obstacle in this environment:

Easiest obstacle to get rid of or fix:

One thing I know is bad, but like anyway:

Any other negative influences:



Physical (Home, office, furnishings, equipment/technology)

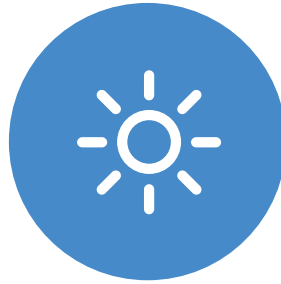
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Biggest, baddest obstacle in this environment:

Easiest obstacle to get rid of or fix:

One thing I know is bad, but like anyway:

Any other negative influences:



Body (Physical body, health, energy)

The one super positive part of this environment, that I'm grateful for and want more of:

Biggest, baddest obstacle in this environment:

Easiest obstacle to get rid of or fix:

One thing I know is bad, but like anyway:

Any other negative influences:



Nature (Outdoors, beauty, seasons, cycle of life)

The one super positive part of this environment, that I'm grateful for and want more of:

Biggest, baddest obstacle in this environment:

Easiest obstacle to get rid of or fix:

One thing I know is bad, but I like it anyway:

Any other negative influences:
